



Finishing from Layoffs

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Written by Administrator

Drill Objective(s)



- 1) To train a team in finishing techniques and shooting from layoffs.
- 2) Quick combinations and 1-2's in front of goal.

* **Drill No:** SSG23

* **Age:** 11-Adult

* **No Players:** 12+

* **Difficulty:** Medium

* **Area/Time:** 1/4 Field (25mins)

Diagram 1



ORGANISATION:

Using a half field approx. 40x30yds set up 5 zones that are distinguishable to the players (10yds boxes for the feeders, 'B' players to play in). Split the teams into 3vs3 (+4 feeders) and 2 GK's. If more players are available expand the playing area.

INSTRUCTIONS:



2 teams compete to try and score in the soccer goals under the restriction that the finishing player (or one of their team-mates must have played a pass into a feeder first for a direct layoff shot on goal. In the zones closest to the opponents goals (i.e. A,B,C,D) it is strictly 1 touch finishing. Middle zone is 2 touch. This game can also be played where all layoffs have to be back into the central zone to encourage longer range finishing.

A1 one plays a wall pass into A2 and step up unmarked to receive the pass back.

- 1) A1 plays a pass into B1.
- 2) B1 lays the ball off to A1.
- 3) A1 steps forward and strikes the ball on goal.

SCORING:

- * Score in the regular goals normal to start.
- * Designate a target number of goals (i.e. 10 to win the game)

KEY COACHING POINTS:

- 1) Attitude to take shots and score!
- 2) Create space with good runs.
- 3) Look for quick combinations.
- 4) Look for rebounds.

PROGRESSIONS:

- 1) Shots must be with the instep.
- 2) Shots must be with the laces.
- 3) Feeders layoffs are aerial balls to encourage volleys and half volleys.

VARIATIONS:

- 1) The 2 feeders in a teams defensive half can be used as drop options and to help keep the ball.
- 2) Play 3vs3 + 1 Neutral in the central area to create more shooting opportunities.
- 3) If a team scores they turn they retain possession and turn and attack the other goal.
- 4) Limit touches in the central area (i.e. 2 touch).

NOTES AND OBSERVATIONS:

This game creates lots of realistic shooting and finishing opportunities under pressure and with limited touches. Encourage a fast tempo and you will have a great game. have a good supply of balls at the posts of the goals so the game is continuous.

The soccer graphics have been made with Easy Sports-Graphics (www.sports-graphics.com)

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